



Honoring Florence Nightingale and Supporting Nurses with Nature and Forest Therapy

In the writings of Florence Nightingale she declared that “Nature Cures” and upon this principle based her nursing theory. Reconnect to this great wisdom and to nature itself. In this year of 2020, let us return to our roots and take rest in nature. The Compassion Caravan is offering brief introductions to Nature and Forest Therapy with Certified Guides to help individuals reconnect to nature.

“The Forest is the Therapist, the Guide Opens the Door.”

Visit www.CompassionCaravan.com for Schedule of Events. Like us on Facebook at [The Compassion Caravan](#). #compassioncaravan2020. To Learn More About Nature and Forest Therapy visit <https://www.natureandforesttherapy.org/> and <https://www.foresttherapyforme.com>

